

DE-CLUTTERING CHECKLIST



- ☐ Old receipts
- ☐ Newspaper
- ☐ Outdated catalogues and magazines
- ☐ Old greeting cards
- ☐ Junk mail
- ☐ Kids old drawing/paintings
- ☐ Chipped bowls and plates
- ☐ Old cutlery that is beyond use
- ☐ Get rid of duplicates in the Kitchen
- ☐ Old drink bottles
- ☐ Fridge magnets and old sticky notes
- ☐ Expired food
- ☐ Frozen food that's been in there for way too long
- ☐ Expired spices
- ☐ Cookbooks you never used
- ☐ Cooking appliances that don't work
- ☐ Check pantry for expired supplies
- ☐ Restock and check the medicine cabinet
- ☐ Cleaning supplies
- ☐ Old receipts, expired gift cards
- ☐ Pens that don't work
- ☐ Old loyalty cards
- ☐ Worn out clothes
- ☐ Clothes that don't fit anymore

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- ☐ A sock without a pair
- ☐ Clothes that kids have outgrown
- ☐ Clothing that has lost elasticity
- ☐ Broken hangers
- ☐ Torn bedspreads and pillowcases
- ☐ Replace old pillows with new ones, once a year
- ☐ Old shoes and boots
- ☐ Expired sunscreen, moisturisers and body scrubs
- ☐ Worn out sunglasses
- ☐ Old toothpaste
- ☐ Worn-out toothbrushes
- ☐ Old Shampoos and conditioner
- ☐ Old body wash, soap and face wash
- ☐ Beyond use loofahs
- ☐ Old razors
- ☐ Hairdryers on their way out
- ☐ Hair straighteners that are of no use
- ☐ Product samples
- ☐ Kids soft toys
- ☐ Ripped books
- ☐ Used colouring books
- ☐ Damaged puzzles and board games
- ☐ Old video games
- ☐ Broken crayons and colour pencils

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- ☐ Felt tip pens that don't work
- ☐ Empty paint pots and broken paint brushes
- ☐ Old and damaged hair accessories
- ☐ Broken jewellery
- ☐ Dried up nail polish
- ☐ Old perfume
- ☐ Stretch-out rubber bands
- ☐ Expired makeup
- ☐ Broken purses and handbags
- ☐ Batteries that are of no use
- ☐ Old phone chargers
- ☐ USB cords that are of no use
- ☐ Old CDs ,DVDs and Remotes that don't work
- ☐ Broken bulbs and electricals
- ☐ Broken phones
- ☐ Old candles and potpourri
- ☐ Broken umbrellas
- ☐ Old vacuum cleaners that are not as efficient
- ☐ Old brooms
- ☐ Broken buckets
- ☐ Old home decor
- ☐ Broken blinds and torn curtains
- ☐ Old Calendars